

# Adolescent Resource Newsletter

## September 2018



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health ([www.yphsig.org.uk](http://www.yphsig.org.uk))

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### **YPHSIG: Young Persons Health Special Interest Group**

Is a group of health professionals within RCPCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health. Non-RCPCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to [www.yphsig.org.uk](http://www.yphsig.org.uk)

### **AYPH: Association for Young People's Health**

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK. If you are interested in joining AYPH and/or would like to find out more about it, please go to [www.youngpeopleshealth.org.uk](http://www.youngpeopleshealth.org.uk).

### **Disclaimer**

*Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.*

## Save the Date RCPCH Webinar Friday 28<sup>th</sup> September 12-1pm

### Transition – ensuring high quality care for young people aged 14 - 25 years

<https://www.rcpch.ac.uk/education/courses/rcpch-webinar/webinar-transition-ensuring-high-quality-care-young-people-aged-14>

RCPCH is hosting a free webinar on **Friday 28<sup>th</sup> September** (12-1pm) on the topic of transition. Please register to attend if you are available to. <https://register.gotowebinar.com/register/8584769478897465347>

The webinar will be jointly hosted by RCPCH and the Young People's Health Special Interest Group. The webinar will look at best practice examples and will provide insights from children and young people.

Please circulate information of this event amongst your colleagues / network and share on social media:

Join the free @RCPCHtweets webinar on 28 September to find out more.

## App store

This HEADSS training app (from YPHSIG) was launched at the recent RCPCH meeting in March and is available to download for free at

 <https://app.appinstitute.com/heedsss>

## Professional Webwatch

 <https://www.childrensociety.org.uk/what-we-do/resources-and-publications/>

**The Good Childhood Report 2018**, produced in partnership with the University of York, is the seventh in a series of annual reports published by The Children's Society about how children in the UK feel about their lives. The Children's Society had prior to the release of this report, released findings that one in six (16%) of more than 11,000 children surveyed reported self-harming at the age of 14 including nearly one in 10 boys (9%) and one in 4 girls.

## Consent and Capacity

 <https://www.youtube.com/watch?v=kKQkUcJioxU>

**The Children Act** – the film of Ian McEwan's novel, starring Emma Thompson and – (released August 2018) about a judge who is asked to rule on the case of a 17 year old who is refusing a life-saving blood transfusion on religious grounds. A must for every medical student and useful teaching resource for consent issues in young people!

## Youth Friendly Health Services

 [http://www.ndcs.org.uk/family\\_support/positive\\_parenting\\_families/my\\_life\\_my\\_health.html](http://www.ndcs.org.uk/family_support/positive_parenting_families/my_life_my_health.html)

**My life, My health** was created by our Young People's Advisory Board (YAB) to support deaf young people's access to healthcare services.

## Transition and SEND


 [https://www.england.nhs.uk/publication/commissioning-for-transition-to-adult-services-for-young-people-with-special-educational-needs-and-disability-send/#163961\\_20180829123309](https://www.england.nhs.uk/publication/commissioning-for-transition-to-adult-services-for-young-people-with-special-educational-needs-and-disability-send/#163961_20180829123309)


This quick guide aims to help health commissioners and providers tackle the challenges involved in implementing the joint commissioning of services for children and young people with special educational needs and disability (SEND) introduced by Part 3 of the Children and Families Act 2014.

 [https://www.england.nhs.uk/publication/guidance-for-health-services-for-children-and-young-people-with-special-educational-needs-and-disability-send/#163961\\_20180829123113](https://www.england.nhs.uk/publication/guidance-for-health-services-for-children-and-young-people-with-special-educational-needs-and-disability-send/#163961_20180829123113)


This quick guide is intended to help local areas develop their transition processes for young people with special educational needs and disability (SEND) from childhood to adulthood.


## Professional Bookshelf


 Acuña Mora M, Luyckx K, Sparud-Lundin C, Peeters M, van Staa A, Sattoe J, Bratt EL, Moons P. Patient empowerment in young persons with chronic conditions: Psychometric properties of the Gothenburg Young Persons Empowerment Scale (GYPES). PLoS One. 2018 Jul 20;13(7):e0201007.


 Adams SH, Park MJ, Twietmeyer L, Brindis CD, Irwin CE Jr. Increasing Delivery of Preventive Services to Adolescents and Young Adults: Does the Preventive Visit Help? J Adolesc Health. 2018 Aug;63(2):166-171.

 Blakemore SJ. Inventing ourselves. The secret life of the teenage brain. Doubleday, London 2018

 Colver, A, McConachie, H, Le Couteur, A, Dovey-Pearce, G, Mann, K.D, McDonagh, J.E, Pearce, M.S., Vale, L., Merrick, H, Parr, J.R. On behalf of the Transition Collaborative Group. A longitudinal, observational study reporting the features of transitional healthcare associated with better outcomes for young people with long-term conditions. BMC Medicine 2018: Jul 23;16(1):111.


 Coyne B, Hallowell SC, Keim-Malpass J. Methodologic Considerations for Transition Research Using the National Survey of Children with Special Health Care Needs: A Systematic Review of the Literature. J Pediatr Health Care. 2018 Jul - Aug;32(4):363-373.


 Dimitri P. Child health technology: shaping the future of paediatrics and child health and improving NHS productivity. Arch Dis Child. 2018 Aug 28. [Epub ahead of print]

 Elsbernd A, Pedersen KJ, Boisen KA, Midtgaard J, Larsen HB. "On Your Own": Adolescent and Young Adult Cancer Survivors' Experience of Managing Return to Secondary or Higher Education in Denmark. *J Adolesc Young Adult Oncol*. 2018 Jul 9. [Epub ahead of print]

 Han AX, Whitehouse SR, Tsai S, Hwang S, Thorne S. Perceptions of the family physician from adolescents and their caregivers preparing to transition to adult care. *BMC Fam Pract*. 2018 Aug 23;19(1):140. .

 Hasegawa Y, Gleeson H. Three practical principles in planning and developing health care transition: our personal perspectives. *Clin Pediatr Endocrinol*. 2018;27(3):109-112.


 Michaleff ZA, Campbell P, Hay AD, Warburton L, Dunn KM. Child and adolescent musculoskeletal pain (CAM-Pain) feasibility study: testing a method of identifying, recruiting and collecting data from children and adolescents who consult about a musculoskeletal condition in UK general practice. *BMJ Open*. 2018 Jun 14;8(6):e021116


 Peake JN, Beecham E, Oostendorp LJM, Hudson BF, Stone P, Jones L, Lakhanpaul M, Bluebond-Langner M. Research barriers in children and young people with life-limiting conditions: a survey. *BMJ Support Palliat Care*. 2018 Jul 31. [Epub ahead of print]


 Sabbagh S, Ronis T, White PH. Pediatric rheumatology: addressing the transition to adult-orientated health care. *Open Access Rheumatol*. 2018 Jul 3;10:83-95.


 Sawyer SM, McNeil R, Thompson K, Orme LM, McCarthy M. Developmentally appropriate care for adolescents and young adults with cancer: how well is Australia doing? *Support Care Cancer*. 2018 Aug 28. [Epub ahead of print]

 Su Q, Chen Z, Li R, Elgar FJ, Liu Z, Lian Q. Association Between Early Menarche and School Bullying. *J Adolesc Health*. 2018 Aug;63(2):213-218.

 Tanner AE, Philbin MM, Chambers BD, Ma A, Hussen S, Ware S, Lee S, Fortenberry JD. Healthcare Transition for Youth Living With HIV: Outcomes from a Prospective Multi-site Study. *J Adolesc Health*. 2018 Aug;63(2):157-165.

 Walter M, Kamphuis S, van Pelt P, de Vroed A, Hazes JMW. Successful implementation of a clinical transition pathway for adolescents with juvenile-onset rheumatic and musculoskeletal diseases. *Pediatr Rheumatol Online J*. 2018 Aug 3;16(1):50

 Wijlaars LPMM, Hardelid P, Guttman A, Gilbert R. Emergency admissions and long-term conditions during transition from paediatric to adult care: a cross-sectional study using Hospital Episode Statistics data. *BMJ Open*. 2018 Jun 22;8(6):e021015..

 Wood D, Goodwin S, Pappachan J, Davis P, Parslow R, Harrison D, Ramnarayan P. Characteristics of adolescents requiring intensive care in the United Kingdom: A retrospective cohort study. *J Intensive Care Soc*. 2018 Aug;19(3):209-213.

## Forthcoming Dates for your Diary!

2018

<b>September</b>		
<b>12-13</b>	<b>3 rd International summer course on children and adolescents with chronic illness</b> Lausanne Switzerland	<a href="http://www.lesados.ch">www.lesados.ch</a>
<b>14</b>	<b>1st European Transition symposium</b> Lausanne Switzerland	<a href="http://www.lesados.ch">www.lesados.ch</a>
<b>October</b>		
<b>3-6</b>	<b>European International Association for Adolescent health IAAH annual conference</b> <i>Equal opportunities for healthy development for all adolescents"</i> Moldova	<a href="https://iaahconference2018moldova.yk.md/">https://iaahconference2018moldova.yk.md/</a>
<b>9</b>	<b>Partners in Paediatrics</b> <i>'Value of Networking: Safety, Caring and Sharing'</i> Birmingham	<a href="http://www.partnersinpaediatrics.org">www.partnersinpaediatrics.org</a>
<b>November</b>		
<b>1</b>	<b>CFS/ME in Young people multiprofessional management</b> UCLH London	<a href="http://training.ucheducationcentre.org/home/viewcourse/303">http://training.ucheducationcentre.org/home/viewcourse/303</a>
<b>7-9</b>	<b>Australian Association for Adolescent Health AAAH conference</b> Marriott, Surfers Paradise, Gold Coast, Queensland.	<a href="http://www.aaah.org.au/">http://www.aaah.org.au/</a>
<b>23</b>	<b>RCPCH</b> <i>How to manage: Chronic Pain</i> London	<a href="http://www.rcpch.ac.uk">www.rcpch.ac.uk</a>
<b>December</b>		
<b>6-8</b>	<b>Excellence in Paediatrics</b> Prague	<a href="https://eip-pediatrics-conference.ineip.org/">https://eip-pediatrics-conference.ineip.org/</a> includes a specific adolescent medicine track

2019

<b>Jan</b>		
<b>31</b>	<b>5<sup>th</sup> Adolescent Rheumatology Symposium</b>	Information to follow

	UCL Centre for Adolescent Rheumatology London	
<b>March</b>		
<b>6-9</b>	<b>SAHM</b> <i>Psychological Well-Being: International Transcultural Perspectives</i> <b>Washington DC</b>	<a href="https://www.adolescenthealth.org/Meetings/2019-Annual-Meeting.aspx">https://www.adolescenthealth.org/Meetings/2019-Annual-Meeting.aspx</a>
<b>May 13-15</b>	<b>RCPCH Spring Meeting</b> <b>Joint YPHSIG session with Paediatric Education SIG</b> Birmingham	<a href="http://www.rcpch.ac.uk">www.rcpch.ac.uk</a> Abstract deadline 1 october 2018
<b>June 28</b>	<b>4<sup>th</sup> Annual NW Transition Conference</b> Aintree	Information to follow

Also check out: <http://www.youngpeopleshealth.org.uk/events/events-calendar>

*Do you know of any other useful resources or opportunities for professional development in adolescent health?*

*If you do, please let us know by email to: [janet.mcdonagh@manchester.ac.uk](mailto:janet.mcdonagh@manchester.ac.uk)*