

Adolescent Resource Newsletter

March 2018



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)

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AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Professional Webwatch

 <https://www.princes-trust.org.uk/>

Youth Index 2018 This report from the Prince's Trust takes an in-depth look into the views and outlooks of young people aged 16 to 25 and reveals that the happiness and confidence young people feel in their lives has fallen to their lowest levels since the study was first commissioned in 2009. It shows that concerns about job prospects are weighing on young minds – almost half of young people fear that there will be fewer job opportunities for their generation in the next three years, and the unpredictable political climate is making 59% of young people feel anxious about their future.

 <https://www.grandparentsplus.org.uk>

Growing up in kinship care. Experiences as Adolescents and Outcomes in Young Adulthood 2018) Report from the study conducted last year on the outcomes for young people growing up in kinship care. Whilst there is a considerable literature on the difficulties faced by young people leaving local authority care, much less is known about how children who have been brought up in kinship care get on as they reach their late teens and early adulthood.

 <https://www.local.gov.uk/>

Meeting the health and wellbeing needs of young carers (January 2018) Councils are under a legal duty to identify young carers and carry out assessments that consider the impact on the child and whole family. The case studies in this report shows there is good work being done that we can learn from.

Mental Health

 <https://youngminds.org.uk/blog/your-voices-amplified-launch-of-new-report/>

Your Voices Amplified. This report covers what young people, parents and carers told the YoungMinds Amplified programme about their experiences of participation in mental health services.

 http://www.studentminds.org.uk/theroleofanacademic.html#163961_20180130073820

Student mental health. The role and experiences of academics. Research conducted for Student Minds, indicates that academics are struggling to respond effectively to student mental health. The report sets out 11 key findings and recommendations to ensure that students and academics are effectively and safely supported.

 <https://www.place2be.org.uk/>

Providing mental health support in schools. This report from Place2Be in partnership with The British Association for Counselling and Psychotherapy (BACP), NAHT and the UK Council for Psychotherapy (UKCP), provides a picture of the challenges faced by schools and school-based mental health professionals. The research found that 44% of school leaders said “knowing what type of support is needed” is a barrier to providing mental health support for pupils, and 37% said they don’t feel confident in commissioning a counsellor or therapist.

Cybersafety

 https://www.gov.uk/government/groups/uk-council-for-child-internet-safety-ukccis#163961_20180218110419

UK Council for Child Internet Safety (UKCCIS)

This framework describes the digital knowledge and skills that children and young people should have the opportunity to develop at different ages and stages of their lives. It highlights what a child should know in terms of current online technology, its influence on behaviour and development, and what skills they need to be able to navigate it.

 www.nspcc.org.uk

10 years since the Byron Review. Are children safer in the digital world? This document reviews the 38 recommendations made in the Byron Review “Safer children in a digital world” and discusses how these were implemented. It also considers the influence of political change and online developments in the past decade, in order to contextualise the changes needed to help keep children and young people safe online in 2018.

Sexual Health

 <https://www.gov.uk/government/publications/sexual-and-reproductive-health-in-england-local-and-national-data#2018-02-16T09:00:20+00:00>

Sexual and reproductive health in England: local and national data

Guidance to help health professionals including local government, service providers and commissioners understand the sexual health data that is available including that data on teenage pregnancy across England and how the data can be accessed. This guide now contains 2017 data.

Education and Vocation

 www.ncb.org.uk

Children missing education Children missing from education in England 2016-17

NCB has published the best estimate possible about this hidden group of children, showing that nearly 50,000 children were reported as missing education at some point in 2016/17. Children missing education (CME) are defined as children of compulsory school age who are not registered pupils at a school and are not receiving suitable education elsewhere.

 www.gov.uk

Characteristics of young people who are long-term NEET (Feb 2018)

This report includes analysis of the characteristics of young people who were not in education, employment or training (NEET) for a year, 3 years after completing key stage 4 in the 2010 to 2011 academic year. Young Carers

PPIE

 http://www.gov.scot/Publications/2018/02/7671#163961_20180207095427

Children in Scotland was commissioned by the Scottish Government to explore and evidence the nature and type of impact children and young people's participation has had on national and local policy making in Scotland. The study uses six qualitative case studies, illustrating a range of participation and engagement work across Scotland.

Professional DVD shelf

 https://developingchild.harvard.edu/science/key-concepts/executive-function/#163961_20180205110707

This 5-minute video from The Centre on the Developing Child Harvard University, explores the development and use of core capabilities—known as executive function and self-regulation skills—from early childhood into adolescence and adulthood.

Professional Bookshelf

- Annunziato RA, Bucuvalas JC, Yin W, Arnand R, Alonso EM, Mazariegos GV, Venick RS, Stuber ML, Shneider BL, Shemesh E. Self-Management Measurement and Prediction of Clinical Outcomes in Pediatric Transplant. *J Pediatr*. 2018 Feb;193:128-133.e2
- Bee P, Pedley R, Rithalia A, Richardson G, Prymachuk S, Kirk S, Bower P. Self-care support for children and adolescents with long-term conditions: the REfOCUS evidence synthesis. Southampton (UK): NIHR Journals Library; 2018 Jan.
- Duncan S, Annunziato RA, Dunphy C, LaPointe Rudow D, Shneider BL, Shemesh E. A systematic review of immunosuppressant adherence interventions in transplant recipients: Decoding the streetlight effect. *Pediatr Transplant*. 2018 Feb;22(1). doi: 10.1111/petr.13086.
- Hargreaves DS, Sizmur S, Pitchforth J, Tallett A, Toomey SL, Hopwood B, Schuster MA, Viner RM. Children and young people's versus parents' responses in an English national inpatient survey. *Arch Dis Child*. 2018 Feb 6. [Epub ahead of print]
- Hirani K, Cherian S, Mutch R, Payne DN. Identification of health risk behaviours among adolescent refugees resettling in Western Australia. *Arch Dis Child*. 2018 Mar;103(3):240-246.
- Kirkpatrick S, Locock L, Farre A, Ryan S, Salisbury H, McDonagh JE. Untimely illness: When diagnosis does not match age-related expectations. *Health Expect*. 2018 Feb 9. [Epub ahead of print]
- Kokotailo PK, Baltag V, Sawyer SM. Educating and Training the Future Adolescent Health Workforce. *J Adolesc Health*. 2018 Feb 19. [Epub ahead of print] Review.
- Madigan S, Ly A, Rash CL, Van Ouytsel J, Temple JR. Prevalence of Multiple Forms of Sexting Behavior Among Youth: A Systematic Review and Meta-analysis. *JAMA Pediatr*. 2018 Feb 26.
- Maniatopoulos G, Le Couteur A, Vale L, Colver A. Falling through the gaps: exploring the role of integrated commissioning in improving transition from children's to adults' services for young people with long-term health conditions in England. *J Health Serv Res Policy*. 2018 [Epub ahead of print]
- Mattick RP, Clare PJ, Aiken A, Wadolowski M, Hutchinson D, Najman J, Slade T, Bruno R, McBride N, Kypri K, Vogl L, Degenhardt L. Association of parental supply of alcohol with adolescent drinking, alcohol-related harms, and alcohol use disorder symptoms: a prospective cohort study. *Lancet Public Health*. 2018 Feb;3(2):e64-e71
- Mitchell SJ, Slowther AM, Coad J, Akhtar S, Hyde E, Khan D, Dale J. Ethics and patient and public involvement with children and young people. *Arch Dis Child Educ Pract Ed*. 2018 Feb 9. [Epub ahead of print]
- Nguyen T, Stewart D, Gorter JW. Looking back to move forward: Reflections and lessons learned about transitions to adulthood for youth with disabilities. *Child Care Health Dev*. 2018 Jan;44(1):83-88.

Patton GC, Olsson CA, Skirbekk V, Saffery R, Wlodek ME, Azzopardi PS, Stonawski M, Rasmussen B, Spry E, Francis K, Bhutta ZA, Kassebaum NJ, Mokdad AH, Murray CJL, Prentice AM, Reavley N, Sheehan P, Sweeny K, Viner RM, Sawyer SM. Adolescence and the next generation. *Nature*. 2018 Feb 21;554(7693):458-466.

Rea KE, Rao P, Hill E, Saylor KM, Cousino MK. Families' Experiences With Pediatric Family-Centered Rounds: A Systematic Review. *Pediatrics*. 2018 Feb 6.. [Epub ahead of print]

Rider NG, McMorris BJ Health and Care Utilization of Transgender and Gender Nonconforming Youth: A Population-Based Study

Sawyer SM, Azzopardi P, Wickremarathne D Patton GC. The age of adolescence. *Lancet child and Adolescent Health* 2018;2:223-8

Shandra CL. Research on Adolescent Sexuality Should Be Inclusive of Disability. *J Adolesc Health*. 2018 Mar;62(3):253-254.

Sheng N, Ma J, Ding W, Zhang Y. Family management affecting transition readiness and quality of life of Chinese children and young people with chronic diseases. *J Child Health Care*. 2018 Jan 1 [Epub ahead of print]

Solanke F, Colver A, McConachie H; Transition collaborative group. Are the health needs of young people with cerebral palsy met during transition from child to adult health care? *Child Care Health Dev*. 2018 Jan 28. [Epub ahead of print]

Wright C, Steinway C, Jan S. The genesis of systems of care for transition to adulthood services: new emerging models in primary and subspecialty care. *Curr Opin Pediatr*. 2018 Feb 5. [Epub ahead of print]

Zacharin M. Menstrual myths, morals and milestones: a paediatric miasma. *Arch Dis Child*. 2018 Mar;103(3):208-2092018

Forthcoming Dates for your Diary!

Also check out: <http://www.youngpeopleshealth.org.uk/events/events-calendar>

2018

March		
3	Paediatric Anaesthesia for the General	The whole event will cover Children & Adolescent Anaesthesia and our main speaker Dr Hugh Wellesley is covering 'medicolegal update (summarising Montgomery &

	Anaesthetist Birmingham, UK	its significance, APA Consent Guidelines) and the law around consent and refusal in under 16s and in 16&17 year olds (and how it's different from adults)'. Further info: www.partnersinpaediatrics.org
14-17	Society of Adolescent Health and Medicine <i>Global Adolescent health Equity</i> , Seattle USA	http://www.adolescenthealth.org/Meetings/2018-Annual-Meeting.aspx
21 *NEW*	Royal College of Emergency Medicine <i>The Forgotten Tribe: Adolescents in the Emergency Department</i> London	www.rcem.ac.uk
June		
29	3rd annual Northwest Transition conference Liverpool	Further info to follow
September		
12-13 *NEW*	3rd International summer course on children and adolescents with chronic illness Lausanne Switzerland	www.lesados.ch
14 *NEW*	1st European Transition symposium Lausanne Switzerland	Deadline for abstracts: May 20 th 2018 www.lesados.ch
October		
3-6	EIAAH annual conference Moldova	Further info to follow

Do you know of any other useful resources or opportunities for professional development in adolescent health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk